



CONSULTING

Recovering Plan Worksheet

Set backs are part of your set up...like a sling shot, the farther you've been set back the farther you are going to go.

-Micahel Jr, Comedian

Current Status – Where are you now? What worked? What didn't work?

What are your top 3 goals NOW given your set back?

1.

2.

3.

Take each of your goals through the following process:

I am...Result - What is the result you want now? Put it in the form of an "I am" statement. Remember do not use your initial goals as a starting place. This is your chance to start fresh.

Purpose – Purpose is more powerful than action, what makes your new result a MUST for you right now? We don't do what we should, we only do what we MUST. If it's not a MUST it won't happen.



Resources – What 3 resources are you going to move forward with in the next 30 days to reach your result?

1. _____
2. _____
3. _____

Obstacles - What obstacles might stand in your way from achieving your new result?

Mindset – What has to happen for you to overcome the obstacles listed above?

Overcome – What 3 massive actions are you going to take toward overcoming your obstacles in the next 7 days?

1. _____
2. _____
3. _____

Commitment – **START TODAY!** What 3 action steps are you committed to taking TODAY toward achieving your new result?

1. _____
2. _____
3. _____