

Sphere of Influence

☐ Family members	☐ Favorite bartender
☐ High school/college friends	□ College professors
□ Neighbors	Current/former landlord
☐ HOA staff/board members	☐ Real estate attorneys
☐ Church members	□ Loan officer
Children's school teachers	□ Florist
☐ Children's coaches	□ PTA board members
 Daycare provider/Baby sitter/parents 	☐ Accountant
☐ School principal/headmaster	□ Dentist
□ Nutritionist	□ Pharmacist
□ Optometrist	Massage therapist
□ Veterinarian	☐ Housecleaner
☐ Pet sitter/groomer	□ Travel agent
□ Lawyer	☐ Handyman
☐ Hair stylist/manicurist	☐ Financial advisor
☐ Insurance agent	 Employee of favorite coffee shop
☐ Car mechanic	 Feng shui/staging consultant
☐ Past clients	 People you volunteer with
☐ Personal trainer	 Receptionist of any company you use
☐ HVAC repair/installer	 Mail man/FedEx/UPS delivery person
 Health club members/staff 	☐ Club members (golf, tennis, etc.)
□ Roofer	☐ Siding contractor
 Pest control provider 	□ Company receptionist
Appliance repair	
☐ Hardware store owner	□ Electrician
 Lawn maintenance provider 	☐ Carpet installers
☐ Pool cleaning provider	☐ Septic tank service person
☐ Mini storage operator	Carwash/detail shop owner
 Clerks at stores you frequent 	□ Printer
□ Book store owner	☐ Priest, pastor, rabbi, imam
☐ Waiters/owner of favorite restaurant	 Local police, fireman, town officials
□ Bank clerk	□ Appraiser
☐ Favorite bakery store owner	☐ Property/termite inspector
□ Spouse's co-workers	☐ Medical doctors
□ Plumber	☐ Company janitor





Laura Treonze, serves as Chief Life Strategist with LMT **Consulting**, which helps individuals and companies create massive success through self-awareness.

LMT Consulting was founded on the core belief that behavioral understanding is the key to personal and professional success. By uncovering natural behavioral styles we help growth-minded individuals build plans that focus on their personal strengths. We provide the tools to help people understand how to show up as their best self in all situations so

they can manage their energy instead of their time, direct conversations instead of reacting to them, and communicate with everyone at a higher level. Unlike traditional business coaching, we know personal lives play a huge role in how people show up professionally. Our coaching programs are specifically designed to help you understand and articulate what you really want so you can create your ideal work-family balance.

LMT Consulting executive and life coaching has transformed and redefined the way non-profits, small teams and corporations "do" business. Our coaching is proven to boost individual confidence, increase selfawareness, improve group understanding, reduce conflict, improve team-building, and enhance commitment in all aspects of life.

It became apparent that the work **LMT Consulting** was doing to help companies, teams and business leaders with behavioral understanding was needed outside of the office and taken to a more personal level. Many of the issues that cause people to seek executive coaching also apply to parents and their interactions with their children. **LMT Consulting** is dedicated to empowering families to live healthier, happier, more resourceful, and resilient lives by increasing self awareness of the strengths of every member of the family, understanding how children process information and how to communicate more effectively with each other through its innovative "The Social Behavior of Families" Training.

At LMT Consulting "Our mission is to help people do and be more than they thought physically, mentally, spiritually and financially possible while building businesses and lives worth talking about."

Reach out to us today and start on the exciting path of behavioral understanding, awareness and development! Isn't it time for you to build a business and life worth talking about?

To learn more about our services, please go to www.lmtworthtalkingabout.com

Connect with Laura on Social Media













